

Association of Child Art Psychotherapists, (ACAP)
Grandparenting Policy Set Out in the Context of ACAP Membership Categories
for Child Art Psychotherapists who completed the
Higher Diploma or MSc in Child Art Psychotherapy (formally Visual Psychotherapy) prior to
September 1st 2021

May 2021

In drawing up this document, consideration has been given to:

- The Irish Council for Psychotherapy (ICP) Submission Paper to the Department of Health on the proposed Statutory Regulation of Psychotherapy and Counselling, under the Health and Social Care Professionals Act 2005
- The European Association of Psychotherapy (EAP) Training Accreditation Committee (TAC) Procedures
- The CORU Guidelines for Grandparenting

The following ACAP Membership Categories will be instated following the launch of accreditation procedures and will replace the membership categories of Full Member, Graduate or Graduate with Advanced Clinical Training, Student, and Associate.

- **Accredited Membership**

A relevant undergraduate degree, or equivalent, as well as experience working with children/adolescents is a requirement to be enrolled in the Child Art Psychotherapy training programme. Candidates for Accredited Membership will have 4 years of continuous Child Art Psychotherapy training plus Post Practicum Period of minimum of 1 to maximum of 5 years.
(See Training Accreditation Policy for further details regarding training requirements)

or

they will have successfully been accredited under the ACAP Grandparenting Policy (see below).

- **Pre-Accredited Membership**

Working towards completion of Post Practicum Period (1 – 5 years)

- **Pre-Accredited Membership under Grandparenting Policy**

Pre-Accredited Membership under Grandparenting is available to graduates of the Hdip/MSc in Child Art Psychotherapy, who hold an additional two year psychotherapy training. Bye Law 2 outlines requirements for graduates who qualified from the HDip/MSc in Child Art Psychotherapy but have not yet completed four years total psychotherapy training.

- **Accredited Membership under Grandparenting Policy**

This process is open to practitioners whose training commenced prior to September 1st 2021. Applications will be considered for membership to ACAP under Grandparenting until September 1st 2031.

In accordance with EAP guidelines, applicants will have completed a relevant undergraduate bachelor's degree plus four years total psychotherapeutic training of which a minimum of two years are specific to the Child Art Psychotherapy modality.

In order to be considered under this process, applicants must meet the following criteria:

Hold the HDip in Visual Psychotherapy, HDip in Child Art Psychotherapy or MSc. in Child Art Psychotherapy which has been delivered by UCD and the Mater Misericordiae Hospital since 2001.

Plus

The Post MSc in Child Art Psychotherapy which is delivered by The School of Psychotherapy at Saint Vincent's University Hospital and additional supervised clinical hours to complete a total of 500 hours. 100 of these hours need to be within the 12* months prior to the application being made. (*24 months if applying prior to September 2022)

or

An MSc/MA in a Psychotherapeutic Modality recognised by a professional psychotherapy association registered under ICP, UKCP, or EAP and additional supervised clinical hours to complete at least 500 clinical hours over at least a 5 year period. 100 of these hours need to be within the 12 months prior to the application being made.

Additional Requirements for Accreditation under Grandparenting

Supervision requirement total is 150 hours. Supervision is to be regular but ratios cannot be stipulated as ratios were not set out clearly prior to the inception of the Post MSc, (i.e. prior to 2015). Group supervision hours post HDip/MSc qualification, where the group comprises no more than 4 practitioners, will be considered.

Supervisors must have an ICP or equivalent recognised qualification in supervision and have experience working with children.

Membership of ACAP during grandparenting period is a requirement, (this includes a commitment to abide by the Code of Ethics and Professional Practice of ACAP, to complete CPD as recommended by ACAP, to maintain appropriate supervision and to apply for re-accreditation as required by ACAP).

Personal therapy requirement is 250 hours* from the commencement of training. This can be a combination of group therapy and individual – there will be some applicants for whom group therapy was not part of their training in the HDip and early MSc years.

*Bye Law 1 Outlines requirements for those graduates for whom group therapy was not included in their training.

- **Student Membership**

This category is open to students on the Msc in Child Art Psychotherapy, as delivered by the Mater Misericordiae Hospital and UCD School of Medicine. From September 2023 onwards Student Membership will include students taking part in the PM in Child Art Psychotherapy, as delivered by the School of Psychotherapy at St Vincent's University Hospital.

- **Associate Membership**

This category is open to professionals practicing in a related field with an interest in Child Art Psychotherapy. It does not entitle the member to practice Child Art Psychotherapy.

This Policy is to be reviewed annually at the ACAP AGM