

Grandparenting Policy

for graduates of the CAP Training Programmes who's training began in or prior to September 2019

In drawing up this document, consideration has been given to:

- The Irish Council for Psychotherapy (ICP) Submission Paper to the Department of Health on the proposed Statutory Regulation of Psychotherapy and Counselling, under the Health and Social Care Professionals Act 2005
- The European Association of Psychotherapy (EAP) Training Accreditation Committee (TAC) Procedures
- CORU Draft Guidelines for the State Regulation of Psychotherapists, Standards of Proficiency for Psychotherapists, Public Consultation 2023
- Accreditation Code for Psychoanalytic Training Institutes criteria and procedures for the accreditation of Training institutes 2012
- The CORU Guidelines for Grandparenting

To be accepted as an Accredited Member of the Association of Child Art Psychotherapists (ACAP) an applicant must:

- (a) abide by the Codes of Ethics and Practice of ACAP
- (b) present themselves for re-accreditation as ACAP requires
- (c) show commitment to continuous professional development (CPD)
- (d) be committed to maintaining appropriate ongoing supervision.
- (e) be committed to maintaining ongoing self care
- (f) only claim Accredited ACAP Membership once full Accreditation with ACAP has been achieved and annual membership is up to date.
- (g) demonstrate a commitment to the development of the profession of psychotherapy.
- (h) not use the ACAP Logo in their own advertising, other than providing a link to the organisations' website.

This Grandparenting Policy specifically applies to graduates of the Visual Psychotherapy and Child Art Psychotherapy Training Programmes, which were delivered by the School of Medicine University College Dublin, the Mater Misericordiae Hospital Dublin and The School of Psychotherapy, St Vincent's University Hospital between 2001 and 2021:

- Open to practitioners whose training began in or prior to 2019 and before the amalgamation of the MSc in Child Art Psychotherapy, UCD and the Post MSc Professional Training in Child Art Psychotherapy, TSOP, St Vincent's University Hospital.
- Applications considered for accredited membership to ACAP under Grandparenting until September 2026.
- Applicants will have completed a relevant undergraduate bachelor's degree plus a minimum two years psychotherapeutic training specific to the Child Art Psychotherapy modality.
- In order to be considered under this process, applicants must hold: the HDip in Visual Psychotherapy 2001-2005, HDip in Child Art Psychotherapy 2005-2007 or MSc in Child Art Psychotherapy 2008-2021, which has been delivered by UCD and the Mater Misericordiae Hospital since 2001.

Plus

- A minimum of 500 supervised clinical practice hours, specific to working psycho-therapeutically with children and adolescents, including hours completed during training.
- Supervision requirement total is 150 hours. Supervision is to be regular but ratios cannot be stipulated as ratios were not set out clearly prior to 2021.
- Group supervision hours post and including those completed during CAP HDip/MSc qualification, will be considered.
- Supervisors must have a recognised qualification in supervision, be an accredited psychotherapist and have experience working with children.
- Personal psychotherapy requirement is 250 hours* from the commencement of training. This can be a combination of group therapy and individual - there will be some applicants for whom group process was not part of their training in the HDip and early MSc years.* Grandparenting Bye Law 1 Outlines requirements for those graduates for whom group therapy was not included in their training.

Additional documentation needed for an Application for Accredited ACAP Membership

- Up to date Children's First Certificate
<https://www.hse.ie/eng/services/list/2/primarycare/childrenfirst/training/>
- Child Art Psychotherapy Training Certificates
- Evidence of Public Liability Insurance either via main employer or of private insurance, for working as a Psychotherapist with under 18's.
- Completed 'ACAP Accreditation Application Form', co-signed by the applicant's current Supervisor. This form includes a statement of no more than 500 words, which outlines the applicant's psychotherapeutic philosophy, application of the CAP method and understanding of the approach.

- 'Supervisor's Report Form'. The latter must have been completed by a supervisor who has been working with the practitioner for a minimum of six months. If the supervisory relationship is less than six months old, then the previous supervisor must also complete a report.
- Garda Vetting Certificate <https://vetting.garda.ie/Application/Invitation>
- Confirmation of Personal Psychotherapy hours
- Proof of Professional Employment (if applicable)
<https://acap.ie/resources/ACAP-Proof-of-Employment-Form.pdf>

Application Process

Members applying for Accreditation must download and fill all forms, and submit the completed application via email to acapaccreditation@gmail.com. Applicants are encouraged to read the requirements thoroughly and ensure they submit all required documentation so as to prevent delays in the decision process.

Applications for ACAP Accreditation must be made using ACAP application forms only. The application is processed by the ACAP Accreditation Committee. An applicant who does not provide the relevant documentation is informed by email and given guidance about what additional information is required. Should the application be deemed to be incomplete, then the applicant must resubmit the application in its entirety, including all supporting documentation.

There is a separate Application Fee payable at the time of making the application for first time Accreditation. Only when the Accreditation Committee has deemed an application successful, the applicant may then convert their membership from Pre-Accredited to Accredited Member.

Grounds for Appeal

An applicant may appeal to the ACAP Accreditation Committee if they feel they have grounds to believe that the Assessment Process was not carried out fairly and properly in accordance with the published criteria in operation at the time of the original application for accreditation. The grounds for appeal should be clearly and specifically stated. The original application for accreditation is read unchanged by the ACAP Accreditation Committee but an applicant may submit up to 500 words of comments or information pertinent to the reasons stated for rejection.

How to Submit an Appeal

An appeal must be made within four weeks of the notification date of the refused original application for accreditation. All correspondence should be addressed to the Secretary of the Accreditation Committee.

The decision of the ACAP Accreditation Committee is final. The Accreditation Department will communicate it to the applicant in writing.